

## Fire-starters

Peckish? These'll tide you over until your mains arrive - perfect to share between you.

<b>PERi-PERi Nuts</b>	<b>3.70</b>
Fiery almonds, cashews and macadamias - crunch with punch.	
<b>Spicy Mixed Olives</b>	<b>3.70</b>
<b>Houmous with PERi-PERi Drizzle</b>	<b>3.95</b>
With warm pitta strips.	
<b>Red Pepper Dip</b>	<b>3.95</b>
With warm pitta strips.	
<b>Halloumi Sticks &amp; Dip</b>	<b>4.10</b>
Five chunky sticks of grilled halloumi cheese with a chilli jam dip.	
<b>Wing Roulette</b>	<b>10.95</b>
10 wings randomly spiced in various PERi-PERi flavours. Live dangerously.	
<b>All Together Now</b>	<b>9.95</b>
Please everyone! Split three of the Fire-starters between you. Excludes Wing Roulette.	2-4 people

## Salads

Great on their own.  
Great with PERi-PERi Chicken.

	ON ITS OWN	+CHICKEN BREAST
<b>Supergrain Salad</b>	<b>6.95</b>	<b>10.25</b>
A fresh mix of grains, greens and beans with avocado chunks and an avocado & buttermilk dressing.		
<b>Quinoa Salad</b>	<b>7.50</b>	<b>10.80</b>
With sweet potato and avocado chunks, sweet baby plum tomatoes, cucumber and a good sprinkling of feta cheese and PERi-Seeds & grains.		
<b>Mediterranean Salad</b>	<b>6.95</b>	<b>10.25</b>
Semi-dried PERi and sweet baby plum tomatoes, cucumber, spicy mixed olives and feta cheese.		
<b>Caesar Salad</b>	<b>6.95</b>	<b>10.25</b>
A classic.		
<b>Mixed Leaf Salad</b>	<b>4.80</b>	<b>8.10</b>

**2 Chicken Thighs**  
**+4.05**

**Houmous with PERi-Seeds & Grains**  
**+1.50**

**½ Avocado / Grilled Halloumi Cheese**  
**+1.50 each**

Our fresh British chicken is marinated for 24 hours in PERi-PERi and flame-grilled in your choice of heat from the PERi-ometer

## PERi-PERi Chicken

What we're famous for.

### On the bone

	ON ITS OWN	+2 REG SIDES
<b>¼ Chicken</b>	<b>4.10</b>	<b>7.60</b>
<b>½ Chicken</b>	<b>7.60</b>	<b>11.10</b>
<b>Whole Chicken</b>	<b>13.50</b>	

<b>3 Chicken Wings</b>	<b>3.95</b>	<b>7.45</b>
<b>5 Chicken Wings</b>	<b>5.95</b>	<b>9.45</b>
<b>10 Chicken Wings</b>	<b>10.95</b>	<b>14.45</b>
<b>Wing Roulette</b>	<b>10.95</b>	

Ten wings randomly spiced in various PERi-PERi flavours. Live dangerously.

### Off the bone

<b>4 Chicken Thighs</b>	<b>7.95</b>	<b>11.45</b>
Boneless thighs, flame-grilled with skin on.		
<b>Chicken Butterfly</b>	<b>8.25</b>	<b>11.75</b>
Two chicken breasts joined by crispy skin.		

## Sharing platters

Make it a team effort - there's plenty to go around!

<b>Meal Platter</b>	<b>20.95</b>
Whole chicken, 1 large or 2 regular sides and 2 bottomless soft drinks.	Meal for 2
<small>20p will be added per drink for Coca-Cola Classic (sugar levy)</small>	
<b>Full Platter</b>	<b>20.95</b>
Whole chicken, 2 large OR 4 regular sides.	Meal for 2
<b>Wing Platter</b>	<b>18.40</b>
10 chicken wings with either: 2 large OR 4 regular sides.	Meal for 2-3
<b>No Bones Platter</b>	<b>22.95</b>
Chicken butterfly and 4 chicken thighs with either: 2 large OR 4 regular sides.	Meal for 2
<b>Jumbo Platter</b>	<b>45.95</b>
2 whole chickens and 5 large sides.	Meal for 4-6

### Nando's chickens have...

...earned the Red Tractor badge of honour. This means that our fresh (never frozen) birds are British born, and bred to meet strict quality standards.



Contains mayonnaise Chilli jam Vegetarian option\*  
 Lightly spiced yogurt mayo

## Burgers, Pittas & Wraps

### Something Special

	ON ITS OWN	+1 REG SIDE	+2 REG SIDES
<b>Butterfly Burger</b>	<b>9.75</b>	<b>11.75</b>	<b>13.25</b>
Two succulent chicken breasts joined by crispy skin, packed in a Portuguese roll and topped with tomato and lettuce. It's big...			
<b>Double Chicken</b>	<b>9.75</b>	<b>11.75</b>	<b>13.25</b>
With two PERi-PERi chicken breast fillets it's a definite two-hander!			
<b>Sunset Burger</b>	<b>8.05</b>	<b>10.05</b>	<b>11.55</b>
Two chicken thighs, melting cheddar cheese, smoky red pepper chutney and baby spinach in a bolo do caco - a soft, sweet roll. Deliciously messy!			
<b>Fino Pitta</b>	<b>7.55</b>	<b>9.55</b>	<b>11.05</b>
Indulge in a toasted pitta filled with two flame-grilled chicken thighs, grilled halloumi cheese, caramelised red onion relish and wild garlic aioli mayonnaise, topped with lettuce.			

### The Classics

<b>Burger</b> with lettuce and tomato	<b>Pitta</b> with lettuce, semi-dried PERi tomatoes and cucumber moons	<b>Wrap</b> with lettuce, lightly spiced yogurt mayo and chilli jam
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Choose your favourite filling:

<b>Grilled Chicken</b>	<b>6.45</b>	<b>8.45</b>	<b>9.95</b>
Chicken breast grilled to your favourite spice.			
<b>Sweet Potato &amp; Butternut</b>	<b>6.45</b>	<b>8.45</b>	<b>9.95</b>
With red pepper, onion, edamame beans and a hint of smoked paprika.			
<b>Supergreen</b>	<b>6.45</b>	<b>8.45</b>	<b>9.95</b>
Full of the green stuff - broccoli, edamame beans and kale with a touch of mint.			
<b>Portobello Mushroom &amp; Halloumi</b>	<b>6.95</b>	<b>8.95</b>	<b>10.45</b>
<b>Beanie</b>	<b>6.45</b>	<b>8.45</b>	<b>9.95</b>
Cheddar cheese, chickpeas and sweetcorn with lentils, peas and pumpkin seeds.			

## Special guests

<b>Veggie Cataplana</b>	<b>6.45</b>		
Chargrilled veg, chickpeas and beans in a rich, spicy tomato and coconut sauce, served on spicy rice and sprinkled with toasted coconut shavings.			
	<b>COMBINATIONS</b>		
	ON ITS OWN	+1 REG SIDE	+2 REG SIDES
<b>Chicken Livers &amp; Portuguese Roll</b>	<b>7.10</b>	<b>9.10</b>	<b>10.60</b>
<b>Fillet Steak Prego Roll</b>	<b>10.95</b>	<b>12.95</b>	<b>14.45</b>
Marinated fillet steak with baby spinach, tomato and wild garlic aioli mayonnaise.			
<b>Fillet Steak &amp; Chargrilled Veg</b>	<b>11.70</b>	<b>13.70</b>	<b>15.20</b>
With wild garlic aioli mayonnaise, in a pitta or wrap.			

## Sides

Choose a winning combination.

REG **2.60** LARGE **4.80**

<b>Chips</b>	<b>Supergrain</b>
<b>PERi-Salted Chips</b>	Grains, greens and full of beans with an avocado & buttermilk dressing.
<b>Coleslaw</b>	<b>Macho Peas</b>
<b>Spicy Rice</b>	Whole peas drenched in pea mash, parsley, mint and chilli.
<b>Creamy Mash</b>	<b>Mixed Leaf Salad</b>
<b>Garlic Bread</b>	<b>Corn on the Cob</b>

## Feeling Fino?

**3.45**

<b>Sweet Potato Mash</b>	<b>Getting a combination meal?</b> Swap your Regular Side for a Fino Side. each <b>+0.85</b>
<b>Sweet Potato Wedges</b>	
With a lightly spiced yogurt mayo dip and PERi-Seeds & grains.	
<b>Chargrilled Veg</b>	
Chunky mixed peppers, red onion and courgette with crushed PERi-PERi tomatoes.	

## Extras

<b>PERi-PERi Drizzle / Cheddar Cheese / Chilli Jam</b>	each <b>+0.60</b>
<b>Pineapple / ¼ Avocado</b>	each <b>+0.80</b>
<b>Toasted Pitta / Portuguese Roll</b>	each <b>+1.00</b>
<b>Grilled Halloumi Cheese / ½ Avocado</b>	each <b>+1.50</b>
<b>Portobello Mushroom / Feta Cheese</b>	each <b>+1.50</b>
<b>Add...</b>	each <b>+0.60</b>
<b>PERinaise</b>	
Guess what - mayo spiced up PERi-PERi style!	

## How spicy?

Our PERi-PERi chilli - a hot African bird's eye chilli - is grown in the rich dark soil of Southern Africa and is hand-picked. It is mixed with garlic, fresh lemons and other tasty ingredients to make our marinades, bastes and sauces in a variety of flavours and heat. Choose your heat from the PERi-ometer!

**Extra HOT**  
Like tackling a ferociously fiery dragon.

**HOT**  
Highly combustible - proceed with caution.

**Medium**  
Hits the spot without scalding your tonsils.

**Lemon & Herb** or **Mango & Lime**  
A mere hint of heat but a tidal wave of flavour.

**Plain...ish**  
Marinated in PERi-PERi but grilled with no added spice. As mild as we go.



Looking for **Nandinos?**

Check out our back cover.

If you have any special dietary requirements or allergies please ask to speak to a Manager.

# Nandos

Meals for children under 10.

All Nandino meals

5.95

**Step 1 Choose your main**

- Chicken Burger **M**
- Chicken Breast Fillet Strips **♥**
- 3 Chicken Wings
- Sweet Potato & Butternut **♥** **M**  
Patty with red pepper, onion and edamame beans. (Or have it as a burger!)

**Step 2 Pick your flavour**

- Plain...ish  
Marinated in PERi-PERi but grilled with no added spice.
- PERi-tamer  
Mild and sweet.
- Or choose from the PERi-ometer.

**Step 3 Pick 2 Dino Sides**

- Supergrain
- Sweet Potato Wedges
- Corn on the Cob **♥**
- Little Tomatoes **♥**
- Sweet Potato Mash **♥**
- Garlic Bread  
With a touch of chilli.
- Chips

**Step 4 Choose a dessert OR drink**

**Dino Desserts**

- Chilly Billy Lolly 2.15
- Bottomless Frozen Yogurt 2.95  
Ask for today's flavour.
- Scoop of Vanilla Gelato 1.80

**OR**

**Dino Drinks**

- Organic Milk 1.00
- Bottle Green Cordial 1.60  
Apple or Strawberry.

**Good choice!** Additional drinks or desserts can be ordered separately.

## Drinks

### Soft drinks

**Quenchers**

<b>RUBRO (330ml)</b> Still thirst quencher with Rooibos in Lemon, Peach or Berry flavours.	<b>2.80</b>
<b>Mineral Water (500ml)</b> Still or sparkling.	<b>2.40</b>

**Juices**

<b>Pressed Apple Juice, Mango Quencher, Orange Juice</b>	295ml	<b>2.80</b>
<b>Cloudy Lemonade</b> <i>Sugar levy applies</i>		<b>2.90</b>

**Bottomless**

	<b>2.80</b>
	<b>3.00</b>

*Sugar levy applies*


### Wine

125ml glass available

	GLASS (175ml)	BOTTLE (750ml)
<b>White</b>		
<b>Cara Viva (Portugal)</b> Dry, crisp and easy drinking.	<b>4.25/5.35</b>	<b>14.70</b>
<b>Spier Chenin Blanc (South Africa)</b> Light, tropical and fruity. Great with spice.	<b>5.00/6.25</b>	<b>17.30</b>
<b>Spier Sauvignon Blanc (South Africa)</b> Medium-bodied with a vibrant fruitiness.	<b>5.80/7.20</b>	<b>19.90</b>
<b>Red</b>		
<b>Cara Viva (Portugal)</b> Bursting with fruit. Great with spicy food.	<b>4.25/5.35</b>	<b>14.70</b>
<b>Spier Merlot (South Africa)</b> Dark and luscious with cherry flavours.	<b>5.00/6.25</b>	<b>17.30</b>
<b>Spier Cabernet Sauvignon (South Africa)</b> Warm oak spice meets ripe fruity flavours.	<b>5.80/7.20</b>	<b>19.90</b>
<b>Rosé</b>		
<b>Cara Viva Medium Dry (Portugal)</b> An off-dry gem. Suits PERi-PERi spice.	<b>4.25/5.35</b>	<b>14.70</b>
<b>Cara Viva Summer Fruit (Portugal)</b> A burst of summer fruitiness.	<b>5.00/6.25</b>	<b>17.30</b>
<b>Bubbles</b>		BOTTLE
<b>Portada Sparkling White Wine</b> A fruity, sparkling wine with apple and citrus flavours.		<b>18.40</b>

### Beer

Pair your choice of spice with a cold beer!



<b>2M ("doish-em")</b> ABV 4.5% From Mozambique, for Mozambique We'll donate 10p to Nando's Fighting Malaria for every purchase of this light, crisp and refreshing lager.	<b>3.95</b> BOTTLE (330ml)
<b>Five Points XPA</b> ABV 4% A light and tropical extra pale ale.	<b>4.25</b> CAN (330ml)
<b>Freedom Pils</b> ABV 4.4% A pilsner with an up-to-date twist.	<b>3.95</b> BOTTLE (330ml)
<b>Sagres</b> ABV 5% Portugal's favourite golden lager.	<b>3.95</b> BOTTLE (330ml)

### Cider

<b>Benson's Apple Cider</b>	<b>4.85</b> BOTTLE (500ml)
<b>Benson's Raspberry and Lime Cider</b>	



The spoken menu app for the visually impaired. Go to [goodfoodtalks.com](http://goodfoodtalks.com) opening menus for everybody

### Our cover artist

**Marna Hattingh**  
Let your inner child out to play with Marna's whimsical illustrative style where opposites collide and come together in vibrant new ways. To read about our Art Story visit [www.nandos.co.uk/art](http://www.nandos.co.uk/art)



**Food facts** \*Although Nando's restaurants aren't vegetarian, our kitchens aim to keep non-meat products separate from meat products. We can't, however, guarantee this. If you have any questions please speak to a Manager. If you're after calorie information, please ask or visit our website / Nando's app. We take great care to remove the bones and cartilage from our boneless items and the stones from our olives but there is a tiny chance of finding one. Halal chicken may be served in any of our Nando's restaurants. Prices are listed in Pounds Sterling and include VAT at the current rate. Service not included. If you need to know the ABV of alcoholic drinks please ask. 'Coca-Cola Classic', 'Diet Coke', 'Coca-Cola Zero Sugar', 'Fanta', and 'Sprite Zero' are registered trade marks of The Coca-Cola Company.